



INSURANCE

Prior to participating in an ERNA organised game of netball (including Day and Night competitions, Gala Day and Carnivals), all players must be registered members of Netball NSW.

All players and non-players registered with NNSW are covered by insurance. To guarantee all your Club Coaches, Managers, Umpires, Officials, Administrative staff, Voluntary Workers etc. are covered by insurance they must either be registered as players or non-players with ERNA.

INSURANCE CLAIMS

The Netball Australia Insurance for 2026 is provided by Howden. Should an injury occur at the netball courts, contact the Ground Supervisor (Brush Farm) or the Physiotherapist at Meadowbank Park who will write the particulars in the Injury Book.

Insurance claim forms can be downloaded from the ERNA Website (www.ernanetball.com.au) under the "Documents" tab or [HERE](#). Before submitting the claim form, the declaration must be completed by either a relevant Club Official or the Association Secretary. Any questions regarding claims needs to be directed to Howden directly.

Pre-Existing Conditions

If a player has a pre-existing medical condition, then that player is required to supply the Eastwood Ryde Netball Association with a medical certificate from a registered medical practitioner, stating that the existing medical condition will not constitute a health risk to either the player concerned or any other person whether now or in the future.

PREGNANT PLAYERS – Please read Netball NSW's Policy [HERE](#)

PHYSIOTHERAPY

A physiotherapy service by One Point Health is available at The Bennelong Sports Centre from 8.00am until the conclusion of games for all registered members.

Rolls of tape can be purchased from the Physio room for \$10.

Should players / umpires require strapping there is no charge if they bring their own tape.

If the player/umpire does not have their own tape, the cost for the Physio to strap them is as follows:

- ankle \$5 each
- knee \$5 each
- shoulder \$10 each
- wrist/thumb/fingers \$2
- Ktape (quad, hamstring, calf etc) \$10

CONCUSSION INFORMATION

Netball Australia [Guidelines for the Management of Sport Related Concussion in Netball](#) (Pathways, Youth, and Community).

The new guidelines, which are designed to protect the health and wellbeing of all participants, are in line with the Australian Institute of Sport's Concussion and Brain Health Position Statement.

Netball Australia [policy for the Management of Sport Related Concussion](#) (National Programs and Suncorp Super Netball).